

EQUIPMENT LIST for TRAILBLAZER

(quantities for 14 days)

Clothing

- 1 Polypropylene/wool underwear top*
- 1 Polypropylene/wool underwear bottom*
- 3 Long pants
- 7 Pairs of shorts
- 2 Swimsuits – **1 piece suits only**
- 2 Pairs of sturdy sneakers -1 that can get wet
- 14 Pairs of athletic socks
- 2 Pairs wool or synthetic hiking socks*
- 12 T-shirts*
- 2 Long sleeve T-shirts*
- 2 Sweatshirts*/Sweatpants*
- 14 Pairs of underwear
- 2 Nightshirts or Pajamas
- 2 Fleece pullover or wool sweater
- 1 Pair wool/fleece mittens or gloves
- 1 Wool or fleece hat*
- 1 WATERPROOF raincoat*
- 2 Bandannas*
- 1 pair Hiking Boots (see back side)

Equipment

- 1 Daypack (similar to a school backpack.
Label with name on it)
- 1 Pillow & Pillowcase
- 1 Fitted sheet (cot or twin size)
- 1 Sleeping Bag (with synthetic fill)
- 1 Sleeping Pad*
- 2 Wash cloths
- 2 Beach towels
- 2 Bath towels
- 1 Pair shower shoes (i.e. flip flops)
- 1 Laundry bag (washed with clothes - please
label clearly)
- 1 Ditty Bag & Toiletries
- 2 32 oz. Water bottles (not bicycle)*
- 1 Cup, Bowl & Spoon* (for trips)
- 1 Flashlight* (We recommend the hand
crank flashlights that do not require batteries)
- Extra Batteries* (if needed for flashlight)
- 1 Insect repellent* (avoid repellent
with concentration of 35% DEET. **No aerosol**)
- 1 Sunblock* (at least SPF 15)
- 1 Journal, pen*, pencils*
- Stationery*, stamps*
- 4 Large, heavyweight garbage bags
(for trips)
- 4 Ziploc type bags (for trips)

* Denotes clothing or equipment available
in the camp store.

Optional Items

White t-shirt (for tie-dye)
 Windbreaker
 Waterproof rainpants
 Mosquito Netting*
 Sports Sandals
 Books, cards, markers, paper
 Musical instrument & sheet music
 Fishing tackle & rod
 Camera/film*
 Compass
 Anything to make you feel “at home”
 Chapstick
 Hand towel

**Please make sure all items are clearly
marked with camper’s name**

SPECIAL DAYS

- Water Carnivals: Session A—4th of July, Session B—Pirate Garb
- 50’s Dinner: Blue jeans, T-shirts, Bandanas, and Poodle Skirts
- Crazy Dinner: Be creative & wacky

Luggage

A small trunk or sturdy plastic storage unit (example: Rubbermaid) w/lid is recommended for camp use. It is the neatest and most compact option allowing campers to access all their belongings easier than a suitcase. Suitcases are satisfactory but may get scuffed. If you ship your trunk, please do so 2-weeks prior to camp, insured, prepaid and marked with camper name and destination.

Temperatures at camp vary from the 40s to 90s.

IT IS IMPERATIVE TO HAVE THE FLEECE OR WOOL GARMENTS AND RAIN GEAR RECOMMENDED ON THE LIST.

Waterproof rain gear will keep you dry, & a fleece pull-over/wool sweater will keep you warm.

IMPORTANT EQUIPMENT

Sleeping Bag - Synthetic materials (Polarguard) rated to a minimum of 30 degrees F. Camper will be carrying the sleeping bag on their backpacking trip, so please bring a stuff sack.* Down or cotton fabrics are not acceptable. Mummy style bags are preferred.

Rain Gear - Must be waterproof (not just water resistant) material. A rain jacket is required for Trailblazers, and rainpants recommended. We suggest that you choose products made from coated fabric. Ponchos are not recommended.

Hiking Boots - Merrowvista strongly suggests that you bring a pair of hiking boots that are sturdy, ankle high and **well broken in**. If you choose to buy a pair of boots, your boots should be sized to fit comfortably with two pair of socks (one lightweight & one heavyweight). To break in boots, begin wearing them regularly two months prior to coming to camp!

Backpacks—AYF provides backpacks for overnights, but should campers choose to bring their own, the backpack must be of good quality and have padded hip and shoulder straps.

Sleeping Pad*- For overnight camping, a sleeping pad is strongly recommended for added insulation, comfort and dryness.

4 Week Trailblazers— You will need a bike helmet,* and it must be bike specific.

DO NOT BRING

In appreciation of the camping experience and out of respect for the camp community, we ask campers not to bring:

- snacks, sodas, candy, gum
- pocket knives, hunting knives, axes, & hatchets
- lighters, candles
- aerosol cans
- cell phones, radios
- boom boxes, tape recorders, walkmans, gameboys, mp3 players, ipods or similar items
- cash (please have camper turn in cash to safekeeping)

If campers bring these items, staff will gather and keep them safe until the end of camp.

For more information contact Merrowvista at:

(603) 539-6607

www.ayf.com

merrowvistacamps@ayf.com