



EQUIPMENT LIST FOR DISCOVERER

American Youth Foundation
Merrowvista
147 Canaan Road, Ctr. Tuftonboro, NH 03816
603-539-6607 • 603-539-7504 (fax)
www.ayf.com

Clothing

- 2 Long pants
- 5 Pairs of shorts
- 2 Swimsuits – **1 piece suits only**
- 1 Pair of sturdy sneakers
- 7 Pairs of athletic socks
- 7 T-shirts**
- 2 Long sleeve T-shirts**
- 2 Sweatshirts**/Sweatpants**
- 6 Pairs of underwear
- 2 Nightshirts or Pajamas
- 1 Fleece pullover or wool sweater
- 1 WATERPROOF raincoat*
- 2 Bandannas*

***Denotes clothing or equipment available in the camp store.**

****Denotes clothing or equipment available in the online store.**

Please make sure all items are clearly marked with camper's name

Equipment

- 1 Daypack (small backpack like used for school. Label with name on it)
- 1 Pillow & Pillowcase
- 1 Fitted sheet (cot or twin size)
- 1 Sleeping Bag
- 1 Wash cloth
- 1 Beach towel
- 1 Bath towel
- 1 Pair shower shoes (i.e. flip flops)
- 1 Laundry bag
- 1 Ditty Bag & Toiletries
- 1 32 oz. Water bottle
- 1 Flashlight* (We recommend the hand crank flashlights that do not require batteries)
- Extra Batteries* (if needed for flashlight)
- 1 Insect repellent* (avoid repellent with concentration of 35% DEET. **No aerosol**)
- 1 Sunblock* (at least SPF 15)
- 1 Journal, pen*, pencils*
- ___ Stationery*, stamps*

SPECIAL DAYS

* Crazy Dinner: Be creative & wacky



Optional Items

- White t-shirt (for tie-dye)
- Waterproof rainpants
- Windbreaker
- Hand towel
- Mosquito Netting*
- Sports Sandals
- Books, cards, markers, paper
- Musical instrument & sheet music
- Fishing tackle & rod
- Camera/film*-label with camper's name
- Anything to make you feel "at home"
- Chapstick
- Fleece Hat

Luggage

A small trunk or sturdy plastic storage unit (example: Rubbermaid) w/lid is recommended for camp use. It is the neatest and most compact option allowing campers to access all their belongings easier than a suitcase. Suitcases are satisfactory but may get scuffed. If you ship your trunk, please do so 2-weeks prior to camp, insured, prepaid and marked with camper name and destination.

Temperatures at camp vary from the 40s to 90s.

IT IS IMPERATIVE TO HAVE THE FLEECE OR WOOL GARMENTS AND RAIN GEAR RECOMMENDED ON THE LIST.

Waterproof rain gear will keep you dry, & a fleece pullover/wool sweater will keep you warm.

DO NOT BRING

In appreciation of the camping experience and out of respect for the camp community, we ask campers not to bring:

- snacks, sodas, candy, gum
- cash (please have your camper turn in cash for safekeeping)
- pocket knives, hunting knives, axes, & hatchets
- lighters, candles
- aerosol cans
- cell phones, radios
- boom boxes, tape recorders, walkmans, gameboys, mp3 players, ipods or similar items

If campers bring these items, staff will gather and keep them safe until the end of camp.

For more information contact Merrowvista at:

(603) 539-6607

www.ayf.com

merrowvistacamps@ayf.com

