

Name _____
Program/Session _____

Four Trails

LETTER TO LEADER

MERROWVISTA 2010
To be filled out by camper

My friends call me _____ This is my _____ year at Merrowvista.

The things I like to do in my free time are:

The things I like to do most with my friends are:

The things I like most at school are: _____

The things I like least at school are: _____

As I prepare for camp, I feel:

I would like to have a leader who:

Some of my goals for camp this summer are:

Please describe your previous backpacking, bicycling, and canoeing experience:

What do you expect to be the biggest challenge of participating in the Four Trails Program?

What are you looking forward to most about participating in the Four Trails Program?

New Campers—Other camps I have attended: _____

While there, I enjoyed most:

Returning Campers—Because of my previous camp experiences, some ways I can help new campers are:

Since I left camp, this last year has brought the following changes in my life:

While at camp in the past, the things which I liked or helped me most are:

I have read the community responsibilities on the other side and I will do my best to follow these behavior guidelines. I understand they help create a fun, safe summer, and that the breaking of this agreement may be grounds for dismissal.

Camper's Signature _____ **Date** _____

MERROWVISTA 2010 COMMUNITY RESPONSIBILITIES

Please review these expectations and discuss them with your parents.

Camp Merrowvista will dare you to be “Your own self, at your very best, all the time.” We will strive to create a safe community where individual differences are valued, where people can reach toward new challenges and where everyone can have fun. Creating such a community requires the commitment of all campers and staff. The guidelines listed below outline the behavior expectations for Merrowvista campers and staff. Campers, please review these guidelines with your parent/guardian.

1. I WILL DEMONSTRATE RESPECT FOR OTHERS

- a. Respect other people’s ideas and values, even if quite different from your own. Prejudice and intolerance have no place at Merrowvista, including humor and language.
- b. All actions and language should have a positive impact on the people in the Merrowvista community. Any behaviors which could potentially harm (physically or emotionally) a camper or staff member or which are disrespectful are unacceptable in the Merrowvista community.

2. I WILL SHOW RESPECT FOR MYSELF

- a. Take care of yourself by eating balanced meals, getting plenty of sleep, and practicing good hygiene (brushing teeth, clean clothes, showers,...). The days are full, and being well rested helps everyone have a fun, safe summer. Please honor light’s out, and be considerate of others in your cabin or tent trying to sleep.
- b. Make the most of the opportunities at Merrowvista by participating fully in camp activities; be on time; try new things and have a positive attitude. Seek to be “My own self, at my very best, all the time”.

3. I WILL SHOW RESPECT FOR THE ENVIRONMENT AND CAMP FACILITIES

- a. Merrowvista should be a “home” to you while you are here, so please enjoy it and help take care of it. All community members are expected to share in the regular clean-up of personal and community areas, including the eating lodge, BIFFS (bathrooms), cabins, the grounds and common buildings.
- b. Be sensitive to the fragile environment of Merrowvista by staying on trails, caring for plant and animal life, recycling, composting, and putting litter in trash barrels.
- c. The buildings and activity equipment are supplied by Merrowvista for all campers to enjoy. Please care for both in a responsible manner.

4. I WILL SHOW RESPECT FOR HEALTH AND SAFETY OF SELF AND OTHERS

- a. The possession and use of tobacco, alcohol or illegal drugs is prohibited. Fireworks, firearms and other dangerous weapons are not allowed.
- b. Threats to harm self or other others will be taken seriously and result in dismissal.
- c. It is important to abide by safety standards provided by the staff, especially in water-related and adventure/challenge experiences.
- d. All campers must be in their cabin or tent by lights out and remain there until the rising bell rings.

I have read the community responsibilities and I will do my best to follow these behavior guidelines. I understand they are important to creating a fun, safe summer for everyone at camp. I understand that the breaking of this agreement may be grounds for dismissal.